

# **BOLTON HINDU FORUM NEWSLETTER**

## **NOVEMBER 2020**

**HAPPY DIWALI  
& NEW YEAR  
FROM  
BOLTON HINDU  
FORUM!**



Broadcasting to the Indian  
community in the UK

Want to present your own  
radio show? Email us or  
contact Manu on 07957620542  
for more details.



**BHF RADIO**

Listen to the BHF Radio on-line  
[www.radioking.com/radio/bhf-radio](http://www.radioking.com/radio/bhf-radio)

OR

Download the BHF Radio  
mobile app or listen on your  
Amazon smart speaker.

If you would like to submit an article or advert for the next magazine issue, email  
[pm@boltonhinduforum.org.uk](mailto:pm@boltonhinduforum.org.uk)



Bolton Hindu Forum



@boltonhinduforum



@boltonhindus



Bolton Hindu Forum

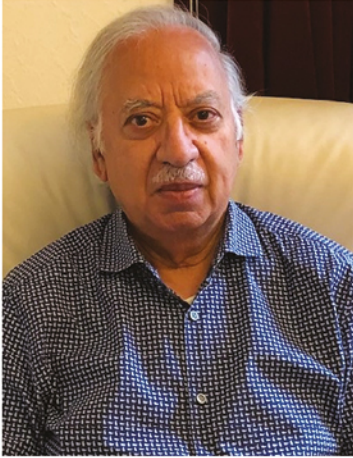
Tel 01204 238018  
[pm@boltonhinduforum.org.uk](mailto:pm@boltonhinduforum.org.uk)  
[www.boltonhinduforum.org.uk](http://www.boltonhinduforum.org.uk)  
Registered Charity No 1183042



**BOLTON HINDU FORUM**

58-60 Knowsley Street  
Bolton Market Place  
Bolton BL1 2AP

# Chairman's Comments



I have been involved with the Bolton Hindu Forum (a registered charity) for the last year and I have recently taken over the role of Chairman of the Board of Trustees. My background is in the field of "Discovery of New Medicines". Working for AstraZeneca, I have discovered a medicine called "Zoladex" which is used for the treatment of patients with Prostate cancer, Breast Cancer and some other non-malignant conditions.

The medicine is currently available all over the world and is prescribed to millions of patients. For this discovery I was awarded the Society of Drug Research Award which is awarded once every two

years for the discovery that has made significant impact on the human health.

In my role as a Chairman, I have quickly realised the important role that Bolton Hindu Forum is playing in the Bolton Community for a number of years. The Forum is involved in helping the community in various different ways. For example, with recent Covid-19 problems, the Forum management took an active role in helping the elderly with their shopping and providing a hot meal tiffin delivery service. The Forum has also been active in providing help with Hindu funeral services.

In addition to helping the community, the Forum is active in arranging cultural events. These events have been instrumental in enhancing the image of the community and actively promoting community cohesion. Last year the Forum organised two of the biggest cultural events in Bolton Town Hall. The events were attended by all the different communities. At our Diwali event, the Victoria Square in Bolton (in front of the Town Hall) was packed with people from different communities.

The Forum has recently launched a BHF Radio station. The station is being listened to not just in Bolton, but by the whole Hindu community nationally. In the last three months the station has had over half a million listeners.

Please join the Forum, provide suggestions and volunteer for help in various activities. This is your organisation and needs your help and cooperation.

**Dr A Dutta. Chairman BHF**



# Manu Mistry (CEO)



In my five years of heading the Forum I have made a complete transformation:

- We re-visited and reformed the Constitution to introduce recruitment process for executive posts.
- We have implemented and adopted Office 365 platform.
- We have made many friends connecting with the wider community.
- We organised two of our biggest events in Bolton Town Centre.
- One Navratri Festival and Diwali on the Square.
- We successfully registered and became a charity.
- We have moved our office in to bigger premises in the Town Centre.
- We have set up a Funeral Service.

- We are helping our elderly with their shopping.
- We are starting a hot meal tiffin delivery Service for the Elderly.
- And now we have our Radio Station which is giving us national recognition.

The pandemic has turned all our lives upside down and we're all having to figure out new ways of working. Fortunately, our investment in Office 365 made it much easier for us to switch working from home. We were quick in adopting and using technology to reach out to our members virtually.

We started regular podcasts on our Facebook to keep our members engaged which they did in numbers. This became a daily regular broadcast covering variety of topics.

We started an online radio station BHF Radio Station has become an instant Hit, not just in community in Bolton. It is listened to by the Whole Hindu Community Nationally. In just 5 months, we have been broadcasting we have had over 700 thousand listeners. Listeners are growing at pace and we can see the station becoming the most listened to station before long.

We are now looking forward working towards developing and implementing management structures to run the Charity professionally.

A Chief Executive post has been created to have the overall responsibility and run the organisation which I have been appointed to an initial 12 month's period. I have subsequently resigned from role of being a Trustee. I am pleased to announce Dr Anand Dutta has taken over the role of Chairman.

Wishing you all Happy Diwali and Prosperous New Year

Manu Mistry

## About Bolton Hindu Forum



The Forum was set up in 2000 to establish and maintain a cohesive link between all the Hindu Community organisations in Bolton. Bolton has the highest population of Hindus in the North of England. The Forum is an umbrella body which effectively engages with the view to identify, develop and promote common interests in all aspects of social, religious, health, economical and political spheres. It strives to identify and address the issues and needs to responsibly represent and serve in the best way possible the interest of the community at large and integrate the wider community.

**Registered Charity in England (Charity number - 1183042).**

## Key Members of Bolton Hindu Forum

An entrepreneur by profession, Mamit has a deep passion for India and is always available for the community. He has been with BHF since March 2020 as a Trustee. He is known as the Digital Man of BHF, managing all social media and the digital side.

**[mamit@boltonhinduforum.org.uk](mailto:mamit@boltonhinduforum.org.uk)**



Mamit Agarwal



Dr. Hetan Ajwani

Hetan has been involved with BHF for over 6 years, and he is a founding trustee of the BHF charity. He works as a medical doctor full time. His passions are in youth mentorship and actively spearheading all BHF sporting activities along with the help of the sports sub-committee members.

**[hetan@boltonhinduforum.org.uk](mailto:hetan@boltonhinduforum.org.uk)**

Kala has been part of BHF for the past 6 years. She is a founding trustee of the BHF charity. Since moving to Bolton from London she has been a part of various charities and is passionate about giving to the community. She is currently handling the BHF Funeral Service Project.

**[kala@boltonhinduforum.org.uk](mailto:kala@boltonhinduforum.org.uk)**



Kala Kerai



Chimam (Dinu) Tailor

Chimam was a Pharmacist by profession. He joined BHF initially as Deputy Treasurer, then as Trustee, looking after the finances. He enjoys all the roles he has undertaken. Covid-19 has restricted some of the charitable activities, however, BHF continues to keep him busy.

**[dinu@boltonhinduforum.org.uk](mailto:dinu@boltonhinduforum.org.uk)**

Champak is from Wigan and was very impressed to see the BHF visions and what it is trying to achieve for Hindu communities. He has recently joined as a trustee and is hoping to make some difference. He is involved in admin related work at BHF.

**[champak@boltonhinduforum.org.uk](mailto:champak@boltonhinduforum.org.uk)**



Champak Fakira



# BHF Activities for the Local Community



## BHF Sports

BHF Sports were taking place weekly prior to the local lockdown in Spring, this included table tennis, badminton and regular dance classes. We are now in the process of planning to restart some sporting activities. This will begin with BHF adults football and then followed by table tennis and badminton when the host venues allow for the premises to be used by us. Keep an eye out for future information on when these will restart.

## BHF Funeral Services

The Bolton Hindu Funeral Service is a project is one that I am passionate about. We have a dedicated 24-hour phone line. We provide a unique service which is adaptable to each family, from the initial phone call to the day of the funeral. We liaise with the funeral director, florist and the priest to ensure the day of the funeral goes well as per the wishes of the family. If you would like to use our services or simply need advice call on 01204 238997



## BHF Care for Elderly

We started the care for the elderly when we went into lockdown in March. That includes shopping, picking up prescriptions etc. We call those who require our services on Thursday and deliver the shopping on Friday or Saturday. We have helped many people and have positive feedback. We will soon be starting the tiffin service where we provide hot meals to those that require it 7 days a week. If you require our services please contact us on 01204 238018.

## BHF Membership & Lottery

We have a database of membership which is free at present. We urge everyone to join us. BHF Lottery was set up over a year ago. The lottery is £12 per year; with one top prize and five runner-up prizes. Membership details are included in this leaflet. Please join us and help us deliver service to our community. BHF also organises festivals and events where your involvement and participation will be very welcome. Look forward to see you all. Stay safe and keep well. Jai Shree Krishna.



## BHF Tiffin Services



We are offering Tiffin Service to elderly and socially vulnerable people living in Bolton area. 4 Indian vegetarian items, Only for £3 per person per tiffin. (Normally £6 subsidised by 50%) Free Home Delivery.

Bolton Hindu Forum (BHF) in association with Bolton Hindus Age Inspiration (BHAi) offering tiffin service for elderly, key workers, people in self isolation at a subsidised price of £3 per tiffin.

Interested people can contact BHAi at 07952 029520 / BHF at 01204 238018

Our service is open for people from any community living in Bolton and nearby area.

# Diwali Bolton 2020

Join us for Ghar Ghar Diwali on **Saturday 14th November!**



We have a full day of virtual programmes for you to enjoy in your home, but you will be connected as one family on Zoom.

Superstar Raghav will be singing live at 8pm, don't miss out!

For the link to the Zoom meeting, visit our website:

[www.boltonhinduforum.org.uk/diwali-bolton/](http://www.boltonhinduforum.org.uk/diwali-bolton/)

You can also watch the livestream on the Bolton Hindu Forum Facebook page and our YouTube channel.

## Digital Diwali

A Free Online contemporary celebration of the Indian Festival of Lights

5th - 15th November 2020

**'A Cultural Connection across Greater Manchester'**

Live Streams [www.digitaldiwali.co.uk](http://www.digitaldiwali.co.uk) Radio Broadcast

### Participation and Workshops

Online contemporary and classical dance and Konnakol workshops. Activities for the whole family with Make at home lantern kits, delivered to your door, and Rangoli workshops.

### A Fiery Headline

'The Home Coming' a 20 minute performance of dance and story telling, featuring the final part of seven days of stories by Supriya Nagarajan's songs in a variety of Indian languages. Created and produced by Walk the Plank the live stream will conclude with Ravana, the ten headed demon King of Lanka, lighting up in spectacular fashion. Take to your doorstep with your lantern and join hundreds of others across Greater Manchester for a shared moment, celebrating light over darkness.



### Music and Dance

In partnership with Milap, the UK's leading Indian Arts & Culture company, we are truly excited to present internationally renowned performers from their ever-popular Music for the Mind & Soul series of Morning, Our Dance programme will feature live performances of Indian classical and contemporary dance from some of the UK's leading artists, also focusing on dancers from across the Greater Manchester region.

### Storytelling

9 days of bed time stories based on the epic adventures of Rama and Sita from the Ramayana. Suitable for 6yrs +. Told in English and a variety of Indian languages, through song and text.



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



**GMCA** GREATER  
MANCHESTER  
COMBINED  
AUTHORITY



## DIWALI Programme Saturday 14th

**10:00am - 10:44am** - Music & Dance - Premier - Morning Raaga Concert

**11:45am - 12:30pm** - Dance - Devika Dance Theatre, Dance Drama

**3:20pm - 3:50pm** - Music - Bollywood Brass Band

**3:50pm - 3:55pm** - Dance - Donatella Greco – Bollywood

**3:55pm - 4:05pm** - Dance - Linnea Husmann, Bharatnatyam Dance

**4:05pm - 4:35pm** - Music - Olivia Moore (Violin), Giuliano Modarelli  
(Guitar and Gurdain Rayatt (Tabla)

**4:35pm - 4:45pm** - Dance - Sonia Chandaria Tillu (Kathak Dance)

**4:45pm - 5:15pm** - Music - Hamit Walia / Noman Raja – Tabla and Flute

**5:15pm - 5:20pm** - Dance - Anita Ghosh - Semi Classical

**5:20pm - 5:30pm** - Dance - Sharmista Bhattacharya – Bollywood

**5:30pm - 5:45pm** - Dance - Rani Natalie Rout – Odissi modern and  
classical Indian dance, Bharatnatyam and Kath

**5:45pm - 6:05pm** - Dance - Rithika Ravishankar - Plate dance

**6:05pm - 6:20pm** - Dance - Kanchan Maradan – Kathak

**6:20pm - 6:30pm** - Dance - Rebecca Heaslewood - Semi classical dance

**6:30pm - 7:00pm** - Music - Bollywood Brass Band

**7:00pm - 7:25pm** - Fiery Headline Show - Walk the Plank – 'The Home  
Coming' - a 20 minute performance of dance and story telling

**7:25pm - 7:46pm**

**RAGHAV**

**LIVE at 8pm**



**Indian Community Radio**

Streaming on-line in the U.K.

**Bolton Hindu Forum**  
01204 238018



**Every Morning 6 AM to 10 AM Bhajans**  
**Daily Aarti at 8 AM Live with Manu Mistry**  
**Shradhanjali Program Every SUNDAY at 9AM**



### DAILY PROGRAMS

**Bhajan Program**

6am to 10am

**Golden Oldies**

10am to 2pm

**Popular Mix**

2pm to 6pm

**Community Regional**

6pm to 8pm

**Desh Ki Khusbu Regional**

8pm to 10pm

**Weekdays Variety Programs**

10pm to midnight

**Weekend Dj Nights Sat/Sun**

10pm to midnight

### 6 to 8pm Live Regional Language Program

**Monday**

**Gujarati with Manu Mistry**

**Tuesday**

**Marathi with Sushil & Reshma**

**Wednesday**

**Tamil & Malayalam with  
Sarath, Manju & Banu**

**Thursday**

**Telugu Sanskruti with Ragasudha**

**Friday**

**Nepali**

**Saturday**

**Bengali with Arimdam Dhar**

**Sunday**

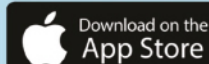
**Kannada with Naveen & Shanta**

**Live Talk Show 9 to 10 AM**

**Live Shows Daily 3pm to 5pm**



**'BHF Radio' App now  
available in IOS & Android.  
Search for BHF Radio in  
App Store or Google Play.**



**BHF RADIO**



# DESH KI KHUSHBU IIW KE SUNG !!



**Antara  
Agarwal**  
(Tallam)



**Bhagyashree  
Singh**  
(Odiya)



**Bhavika  
Ramrakhiani**  
(Sindhi)



**Chanda  
Jha**  
(Maithili)



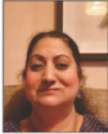
**Gairika  
Mather**  
(Bengali)



**Jazzmine  
Vithalani**  
(Indian)



**Seema  
Khandelwal**  
(Rajasthan)



**Shafalica  
Bhan**  
(Kashmiri)



**Shalini  
Jain**  
(Bhopali)



**Sunita  
Chaubey**  
(Bhojpuri)



**Vaishali  
Nagpal**  
(U.P. India)



**Lalit  
Sharma**  
(Dogri)



**8pm till 10pm daily**

**Days**

**Program**

**Presentors**

**Monday**

**Gujarati & Kutchi  
Bengali**

**Jazzmine Vithalani  
Gairika**

**Tuesday**

**Uttar Pradesh Ki MAATI**

**Antara Tallam & Vishali Nagpal**

**Wednesday**

**Bhojpuri & Maithili**

**Sunita Chaube, Chanda Jha**

**Thursday**

**Bhopali  
Rajasthani**

**Shalini Jain - M.P.  
Seema Khandelwal**

**Friday**

**Dogri & Kashmiri**

**Lalit Sharma & Shafalica Bhan**

**Saturday**

**Assamese & Odiya**

**Chinu & Bhagyashree Singh**

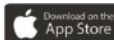
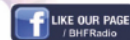
**Sunday**

**Hinduism Matters Matter  
Sindhi**

**Sudha Oza  
Bhavika**



'BHF Radio' App now  
available in IOS & Android.  
Search for BHF Radio in  
App Store or Google Play.



## SHRADHANJALI PROGRAM

Paying tribute or homage to someone who has passed away. Meet our team who give their free time presenting this show every Sunday Morning from 9am -10am paying soulful bhajans for the duly departed or for those who have lost their loved ones.

Salutations and Adorationsto all those who have gone to higher abode, gained more experience and although not here in person have gained a different state of consciousness. We offer our gratitude to all those who have gone before us and shine a light towards BLISS.



**Dhansukhbhai** - A man with lots of bhav and loves playing the keyboard. He sings live melodious music and with his soothing voice brings peace, calm and connects every soul to one another.



**Vaishali** – young at heart – recites various verses of Bhagwat Geeta and allows everyone to rekindle with their loved ones. Believes in positivity and continues to shine the positive light to all.



**Maya** – a person who brings everyone together. Gives peace and solace to all and connects one another. An inspirational person to listen to. Has lots of words of wisdom.

**JOIN US EVERY SUNDAY ON BOLTON HINDU FORUM EVERY SUNDAY 9-10AM.**

For Requests, Dedications and Details about this program

Contact Manu on 07957620542



## Funeral Services

हिन्दु संस्कार अतिमवधि



## 24hr Telephone Line

**Tel: 01204 238 997**

Email: [pm@boltonhinduforum.org.uk](mailto:pm@boltonhinduforum.org.uk)

[www.boltonhinduforum.org.uk](http://www.boltonhinduforum.org.uk)



## BOLTON HINDU FORUM & BHAI PROJECT

# Tiffin Delivery Service

Normal cost of the meal is £5.00.  
(£2.00 subsidised by Bolton Hindu Forum)  
**So for £3.00 Hot Food delivered to your home by our volunteers within Bolton.**

Full month's menu published in advance.  
Pure Vegetarian Food. (no variations in flavour).



### Covid-19 has had a massive impact on the Elderly and Vulnerable.

In partnership with Bolton Hindu Forum and Neighbourhood Investment in Community Enterprise (NICE) we have continued to ensure that those venerable and house bound with no family and close relation have someone to speak to. NICE has now located to the old Quest Centre Building where it is running its Food Bank.

With assistance from Forever Manchester and CVS Bolton we have started a hot food delivery service to key workers to all spectrum of professions.

If you know someone who needs this service or will benefit from it, please pass this information on. **All orders a day in advance before 12.00 p.m.**

**Speak to our Service Co-Ordinators Directly – Mobile : 07952 029520.**

Please Note: This service will cease to operate when we run out of funding.



# healthwatch Bolton

Healthwatch Bolton would love to hear your views and experiences of using your local health and care services in Bolton. This could be about your experience of seeing your GP, dentist, accessing services, mental health, and social care. It could be about any service that is provided by the NHS or social services. We listen to your feedback and then we inform your local health and care providers, and those who plan and commission them, about what you have said. This helps them to improve health and care services for you. Your feedback also goes direct to the government via Healthwatch England who gather intelligence from all local Healthwatch. You will see lots of our past work and reports on our website: [www.healthwatchbolton.co.uk](http://www.healthwatchbolton.co.uk).

Healthwatch Bolton provides patients, carers, their family, and the wider community with clear, straightforward, and up-to-date information regarding their rights and choices that can help you to make informed decisions. We also signpost people to additional sources of support.

### Contact Us

Tel: 01204 394603

Web: <http://healthwatchbolton.co.uk/> Twitter: @HWBolton

Email: [info@healthwatchbolton.co.uk](mailto:info@healthwatchbolton.co.uk) Facebook: Healthwatch Bolton

Follow Us

We realise that the Covid-19 pandemic is impacting on people's lives and we would like to hear how your health and care has been affected. We have created a short survey to gather feedback from everyone who wants to have a say. If you are a carer or health professional, please use this survey link also to feedback on behalf of any clients who are not online. It is all anonymous and we do not collect any personally identifiable information - [www.surveymonkey.co.uk/r/DZ6NQTH](http://www.surveymonkey.co.uk/r/DZ6NQTH)





**Happy Diwali**

**and season's greetings**

**We hope you're safe and well.**

If ever you need us, please get in touch.

Phone: **01204 328000**

Email: **info@boltonathome.org.uk**

Website: **www.boltonathome.org.uk**

You can also find us on Facebook and Twitter.

**Bolton  
at Home**